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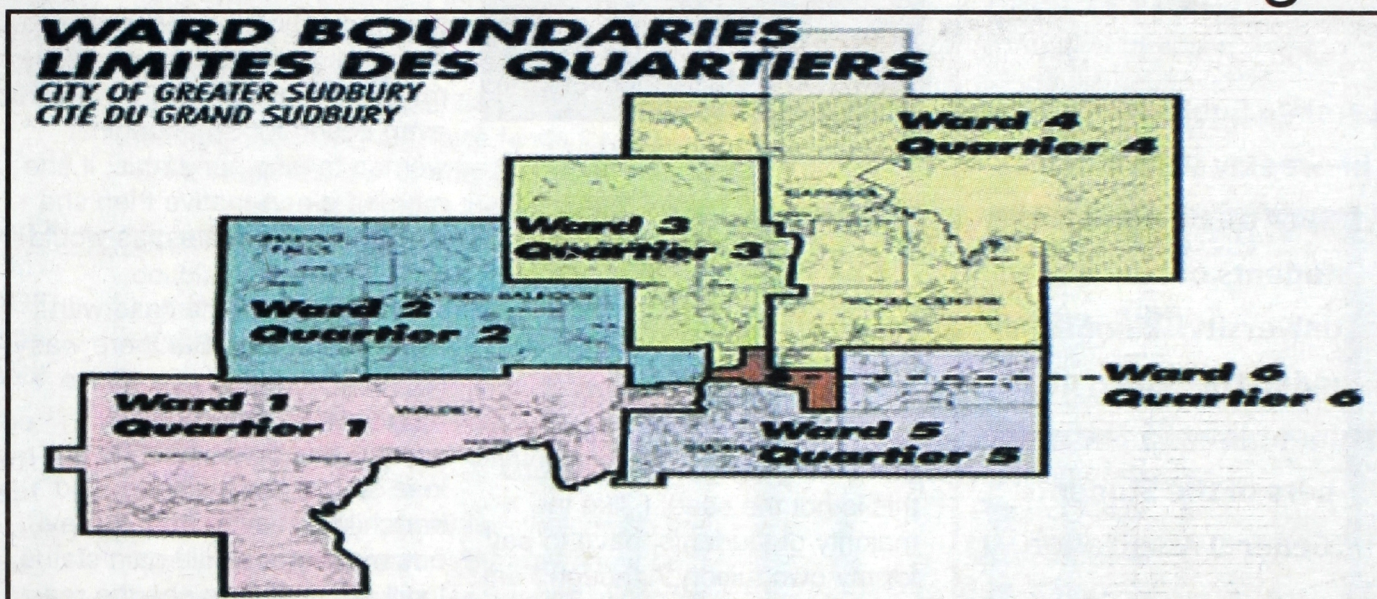


Thursday, September 25th., 2003

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Official Student Newspaper of Laurentian University/
Journal Officiel des étudiants de L'Université Laurentienne

Election time is here: Let the Games Begin!



By: Stephanie Worton
Editor in Chief

With the Municipal Election just around the corner, many people may find themselves somewhat confused over the different wards, and the multitude of candidates.

From now until the November 10th, the Lambda will provide the Laurentian University community with an overview of the candidates and their campaigns.

With so many people running, it should come as no surprise, the many different platforms these individuals bring to the table. Some are focusing their energy on bringing the community back together, repairing the roads, as well as tax rates, public services and recreational facilities, as well as the hospital restructuring.

Although trying to make a decision on who best represents your community is not always an easy one, your vote is your right. Not voting allows someone else to speak for you. Please, make your vote count!

In the race to replace Mayor Jim Gordon, there are thirteen people, two women and eleven men.

The candidates are: Tommy Boyuk; John Caruso; David Chevrier; David Courtemanche; Richard Doyon; Colin Firth; Brian R. Gatien; Paul Marleau; Robert Maurice; Yvonne Neison; Ed Pokonzie; Louise Portelance and J. David Popescu. (Some of you may know Mr. Popescu as the individual who has been leaving disturbing little notes on your vehicle throughout the city.)

There are 32 candidates seeking election in the 12 council positions, and 33 candidates in the running throughout the many school boards for the position of Trustee.

Municipal Election 2003 Council Candidates

Ward 1

Eldon Gainer
Gerry McIntaggart
Joe Cimino
Terry Kett.

Ward 2

Andrew Fahey
Bill Hedderson
Carol-Ann Coupal
Claude Berthiaume
Claude G Gravelle
Evelyn Dutrisac
Ronald Bradley

Ward 3

André Rivest
Joe Niceforo
Maurice Sarrazin
Robert Boileau
Ron Dupuis

Ward 4

Daniel Gingras
Fabio Belli
Harry Will
Jim Lanzo
Rick Grylls
Russ Thompson
Sean W. Peters
Tony Sharma

Ward 5

Doug Craig
Fern R. Cormier
Frances Caldarelli
J. Austin Davey
Jason Bubba
Marvin Julian
Neil Faddis
Peter McMullen

Ward 6

Éric R. Thériault
Janet Gasparini
Lynne Reynolds
Mike Petryna
Richard Madison
Richard Villeneuve
Shawn Ouimet

Municipal Election 2003 Trustee Candidates

Conseil de district catholique du Nouvel-Ontario - (écoles séparées de langue française)

Marcel Lapierre
Marcel W. Montpelliér
André Bidal
Derek Dupuis
Georges Boudreau
Marcel Legault

Conseil scolaire de district du Grand Nord de l'Ontario- (écoles publiques de langue française)

Claude Giroux
France Jodoin
François Boudreau
Françoise C. Monette
Jean D. Dennie
Jean-Marc Aubin
Lise Michael
Micheline Lalonde Leroux
Tellier Aurèle

Rainbow District School Board (English Language Public)

Gord Santala
Bill Holford
Tyler Campbell
Gary Bass
Dena Morrison
Doreen Dewar
Judy Hunda
Ron Miller

Sudbury Catholic District School Board - (English Language Separate)

Ray Vincent
Clara Steele
Jack H. McDonald
Jolie Miller Bianchin
Barry MacDonald
Craig Cunningham
Mark H. Simeoni
Paula Peroni
Werner Scherzinger
Roberte Cunningham

**SO MANY
OPTIONS...
SO LITTLE
TIME**

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Words
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Elections Have
Arrived
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upon us!
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Write to Us

But please remember to include your full name and student number. Articles and letters submitted lacking this information will not be considered for print. Please keep articles to a maximum of 700 words. Lambda reserves the right to edit for content considered sexist, racist, homophobic, heterosexual or for length. Letters of a harrasing or slanderous manner will be dealt with by the proper authorities.

E-mailed Sudmissions

If you are emailing us a submission for the paper, please ensure that the attached file is saved as TEXT or Word, because we cannot transfer other files to Mac format. As well, please ensure all sudmissions have your name and student number because articles submitted lacking this information will not be considered for print.



By: Kristin Grant-Smith

There has been one common misconception about me, throughout my four years here at Laurentian and this is because I am aboriginal.

Supposedly, the government pays for my education and that I am getting a free ride and this is not the case. I, like the majority of students, have to pay for my own tuition. Although I am not denying that for the most part native students do get funding by their bands, there are those who are ineligible because of sexist and racist policies.

These policies have been in place since the start of the Indian Act after confederation in 1867, natives came under federal jurisdiction. In the beginning, it

was very easy for an aboriginal to lose their Indian Status, (this is what allowed them to live on the reservation and granted fishing and hunting rights, and nowadays status Indians don't have to pay Provincial Sales Tax on certain things), if they pursued a university education, or if they moved off the reservation to find work (As was the case with my great-grandfather). It was even easier for an aboriginal woman to lose her status; if she married a non-native then she would lose her status, as would her children.

This was the case with my grandmother. But there was a double standard; if a native man married a non-native woman, not only would he not lose status, but his bride, and her children -even from a previous marriage- would gain status. I still am unable to see the reason behind that one- aside from the obvious, patriarchy!

This remained the case until 1985, when this problem was apparently remedied. Under bill C-31 of the Indian Act a woman would not lose her status, neither would her children. There were new classifications that a full native would be classified as a 6.1, and if they married a non-native their children would be classified as a 6.2. Children of 6.2s are not eligible for status (I am in this category).

And it seems all equal except for another little add on that says that children of 6.2s who were eligible prior to 1985 are still eligible. And who would have been eligible? Children of native men in mixed marriages! Why can't it be retroactive to allow children of 6.2 women to have status? So essentially all Bill C-31 did was effectively hide its sexist policies. This remains

the current legislation.

The racism that is still present is subtler; it exists in the government's disapproval of mixed marriages. This is seen in the initial policies that discourage native women to marry non-native men. And is still seen, because there is another aspect to the policy, that if two 6.2s married then their children are eligible for status as a 6.1! So the government is clearly providing an incentive for natives to marry one of their own.

I must take issue with the idea that being a quarter native is not considered enough to have status as an Indian, which is ridiculous when so many of us have mixed backgrounds. Plus there is another problem of classification for some non-status Indians. In my case if I want to receive any help, I have to get Métis status.

Those familiar with Canadian history will know that this has traditionally considered to be a person of Aboriginal and French descent. I being of Cree, Italian and English heritage, have a problem with being told that I am something that I am not, and have never considered my self to be. The government does not have this right to just change the classification in this way.

The history of Aboriginal and government relations has been a tumultuous one, and is too slowly changing. As more Natives pursue post secondary education, our voice becomes even louder, our voice is the most powerful tool we have, so speak up, and speak out about the policies that need to be changed, only then will sexism and racism be completely eliminated from the Indian Act.



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“Down The Road With The SGA/AGE....”



By Erika Mieto
SGA/AGE President

October is already nearing us, and if you haven't gotten the chance to come out for one of the SGA/AGE events yet, no need to worry there is still plenty in store for the school year ahead!

This **Friday September 26th** the SGA/AGE will be hosting our **first Town Hall Forum at 11:30 am in the Student Centre**. These forums will take place every last Friday of the month (excluding December) same time – same place. We hope that Laurentian students will take the

opportunity to come down to the Student Centre on these Fridays and let us know what is important to you. It is a great opportunity for you the students to offer the SGA/AGE suggestions and comments about what you like and don't like about our campus community, and let us know what we can do to better service you.

This week the SGA/AGE began our **Flag Sale** in the **Student Centre**. We have a wide selection of National and Pop Culture flags which are perfect for filling up that empty wall in residence, or for hanging in your window for those mornings when you want to remain in bed. All profits from the **Flag Sale** will help the SGA/AGE raise funds for our Spirit Week and our Charity Ball event.

Also, this Monday the SGA/AGE kicked off our **MONDAY TWOONIE MOVIES** with the double feature “The Beach” and “28 Days Later”. Each second Monday of the month the SGA/AGE will be previewing movies to LU students in **room C-309** (3rd floor classroom building). For *two bucks* you get to see two new movies and also get to munch our complimentary buttery popcorn.

Next week Laurentian welcomes the lovely **Sue Johanson**. You may know her as the host of the popular Sunday Night Sex Show, or as the Order of Canada recipient. Sue Johanson will be talking to students in

the **Pub Downunder Wednesday October 1st from 4 to 6 pm**. She will be discussing everything you ever wanted to know about sex – the myths, the mysteries and the magic!!! The event is free **and open to SGA/AGE members only** (remember to bring your updated student card).

If you can't make it out to one of our events you can always catch us on air. **Every Tuesday from 10 am to 11 am-** Chas Anselmo and myself will be hosting the **SGA Radio Show on CKLU, 96.7 FM** on your dial. For more information on these activities and events please visit our website – www.sga.laurentian.ca or swing by our office, our door is always open!

DATES TO REMEMBER

September 26th

Town Hall Forum

11:30 am in the Student Centre

Monday Tweekie Movies

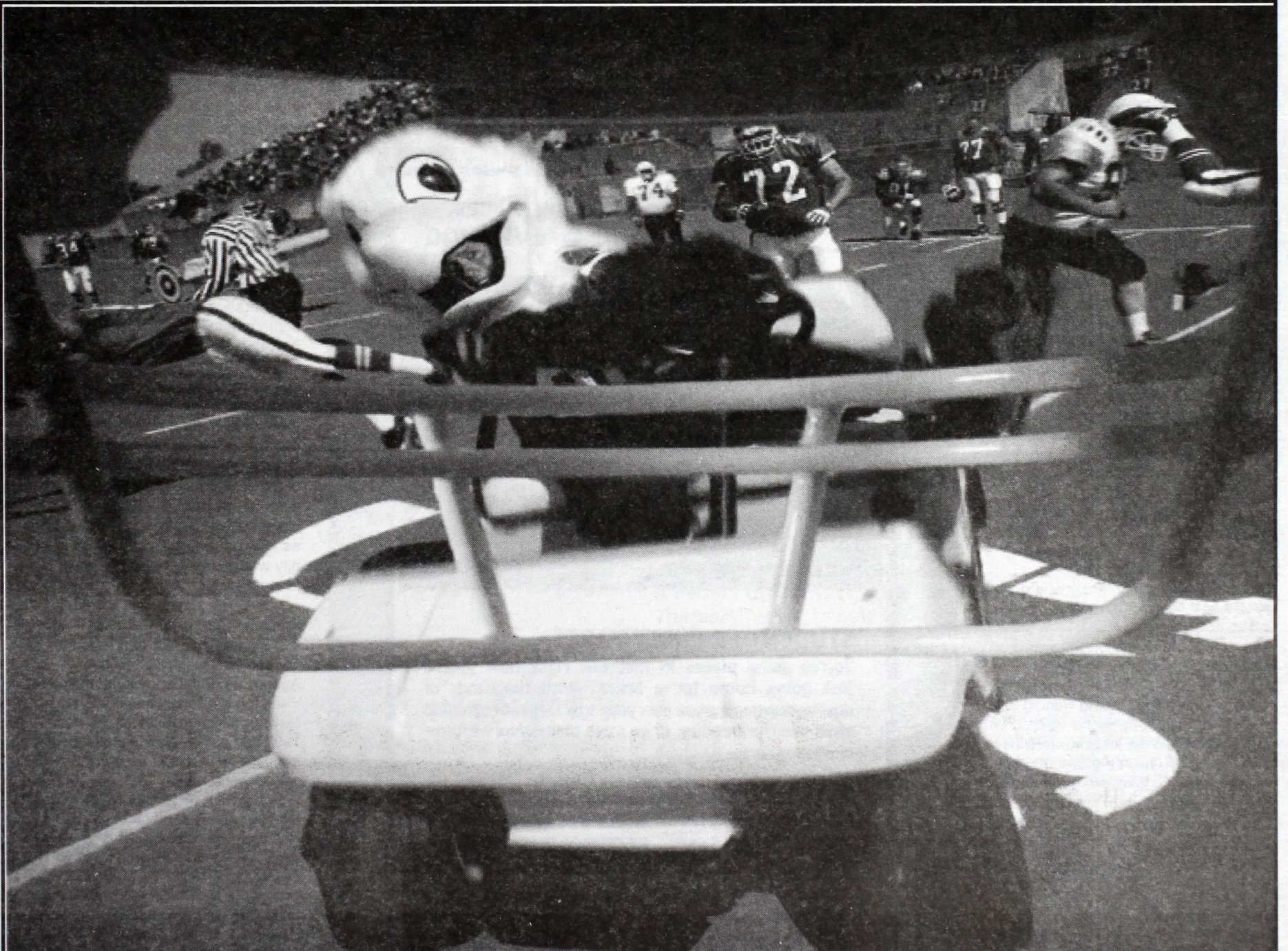
Every second Monday

Room C-309

October 1st

Sue Johanson

4 to 6 pm in the Pub Downunder



BECAUSE ANYTHING CAN HAPPEN, ANYONE CAN WIN.

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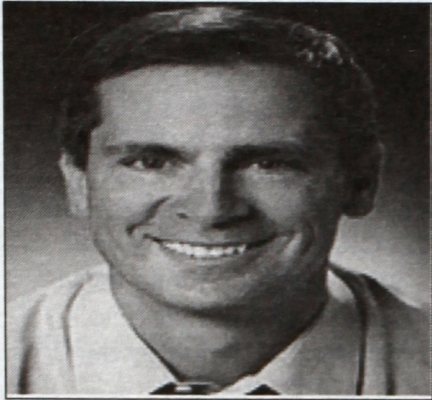


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Liberal Candidate and Platform



Leadership of the Ontario Liberals since 1996, and the MPP for Ottawa South since 1990, McGuinty has watched both the NDP and Tories govern Ontario.

"One was an economic disaster, the other a disaster for the social fabric of our province," McGuinty says. "It strengthened my belief in new ideas, instead of old ideologies. I want to move Ontario forward, not to the left or right."

This philosophy, dubbed the "radical centre" by some journalists, is reflected in the Ontario Liberal platform.

McGuinty's team will ban two-tier health care, smoking in public places, junk food in our schools, and the waste of taxpayers money on partisan government advertising.

It will cancel the Harris-Eves government's \$3.2 billion corporate tax giveaway and the \$500 million handout to private schools.

It will deliver smaller class sizes, mandatory learning until age 18, a university and college tuition fee freeze and a 10 per cent expansion in post-secondary spaces, 8,000 more nurses and 1,600 new hospital beds, 20,000 new housing units and double the provincial investment in public transit.

It will replace the coal-fired generating plants that pollute our air, and prevent the raiding of our water supplies for profit.

The plan is the product of McGuinty's tireless travels across the province, listening to Ontarians from every walk of life.

"People want change – practical, positive, measurable change," McGuinty says. "And our plan is as clear and strong and innovative as the people I've met, and the people we plan to represent, the people of Ontario."

It's also the reflection of the values of the man who has led his party's policy process. Born in Ottawa on July 19, 1955, Dalton James Patrick McGuinty grew up in a family where the creed was three-fold: hard work, respect and community service.

His father, Dalton Sr., was a teacher and professor who served in the Legislature from 1987 until his death in 1990. His mother, Elizabeth worked full-time as a nurse. They raised 10 children. McGuinty sometimes jokes in speeches that all of those children grew up to be a success, with the possible exception of those who grew up, like him, to be a lawyer.

McGuinty practiced law in Ottawa before becoming an MPP. He has a law degree from the University of Ottawa, and a science degree from McMaster University in Hamilton. He worked his way through school, at one time working as an orderly in a war veterans' hospital.

Everyone who knows him will tell you there has been precious little time for hobbies: McGuinty has been working hard, preparing the team and the plan to deliver real, positive change for Ontario.

Provincial Elections Are Near! Let the Mud-Sligning Begin!

PC Candidate and Platform



I have always believed that the definition of a progressive conservative is someone who believes in fiscal responsibility, while having a social conscience to provide for the less fortunate in society - those who, through no fault of their own, find themselves in difficult circumstances. Every individual in our society should be treated equally.

Every child must be provided with an equal opportunity to fulfill his or her potential in life. That opportunity should not and cannot be diminished by economic disadvantage, geographic location, ethnic background or religious beliefs.

Ontario is a diverse and tolerant province in which discrimination of any kind has no place. This is a

province where no one is left behind - where the weakest among us are protected by our compassion while the strongest are encouraged to prosper.

Together, we have achieved so much already. We have come so far, but we cannot afford to become complacent. We cannot allow past successes to prevent us from moving forward on *The Road Ahead*.

We must have the courage and determination to maintain our progress, to stay competitive, to make changes and tough decisions where necessary, and to ensure that all Ontarians can share in the rewards of our journey.

You need more than a wish list and a cheque book to sustain prosperity and improve people's lives. Ontario needs strong, experienced leadership and deserves a practical, effective plan for *The Road Ahead*.

It is time to secure Ontario's future, to build on our hard-earned gains, and to continue working towards the goal we all share...to make Ontario the best place in the world to live, to work, to invest and to raise a family.

We are offering you a clear, practical road map for *The Road Ahead*, backed up by the leadership and the team commitment to make it happen.

NDP Candidate and Platform



Since 1962 when the Party was founded by the CCF and Labour, the NDP's policies and platforms have been guided by the principles of social democracy.

A fair distribution of wealth amongst all citizens; democracy that enables people to exercise control over the decisions that affect their lives; solidarity which encourages people to find cooperative solutions to problems; and sustainability of the world we live in. These principles are the basis of social democracy and what distinguishes us from other political parties.

The best example of these principles which we have in Canada today is the medicare system, which was built and founded by Tommy Douglas, one of the founders of the NDP.

The provincial Party will unite progressive people and organizations into a party democratically controlled and openly financed by its membership. It will, with all the resources at its command, extend the policies and program on a provincial level of the New Democratic Party (of Canada).

It will endeavour to establish in this province a government whose object shall be to substitute economic planning for irresponsible control with all its unjust consequences and thereby to give maximum opportunity for public, co-operative, and private enterprise to contribute to the development of our province.

To this end we will invite the co-operation of all persons who are dedicated to the extension of freedom, the abolition of poverty and the elimination of exploitation.

Howard Hampton is the Leader of the Ontario New Democratic Party, a post he has held since June 22, 1996. He acquired his taste for politics early as the son of a mill worker in a community where strong trade union principles prevail.

The Member of Provincial Parliament for Kenora-Rainy River was first elected in 1987. In addition to being Leader he is also NDP critic for Agriculture, Food and Rural Affairs. Mr. Hampton previously served as the Minister of Natural Resources from 1993-1995 and as Attorney General of Ontario from 1990-1993 in Ontario's first NDP government.

Prior to serving as an elected Member and Party Leader, Howard Hampton worked as a labour lawyer for the Canadian Labour Congress and in private practice in Fort Frances. He also worked for the Blakeney government in Saskatchewan, and as a teacher in southern and northern Ontario.

In law, he focused on defending the rights of working people and getting management to play fair. He earned his law degree from the University of Ottawa, his Bachelor of Education degree from the University of Toronto and his Bachelor of Arts degree from Dartmouth College in New Hampshire.

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FOR YOUR ENTERTAINMENT



Sloan *Action Pact* By Chas Anselmo

Yet another Sloan album comes out and of course, the talk begins whether or not, this will be the album that "breaks" the Maritime band into the "all important" American market.

Action Pact is a definite step into the right direction. However, the right direction is not going stateside but finally, showing the consistency the band has lacked in previous efforts. Sloan has had the knack for writing those tunes that you cannot get out of your head but wouldn't bring yourself to buying the entire album. *Action Pact* is a great reaction to the mediocre *Pretty Together*, an album that failed to grab the listener for more than a couple of moments.

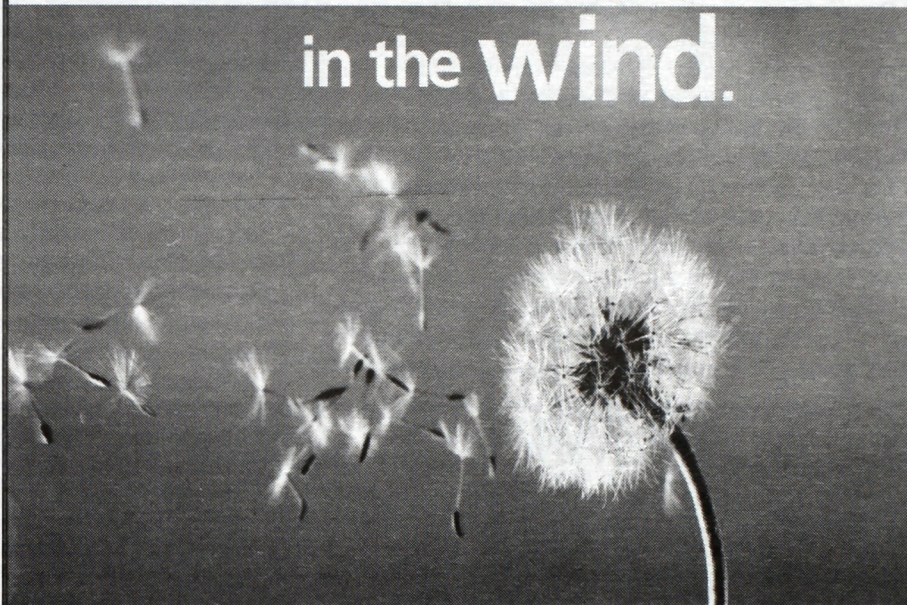
From the start, you know that you are listening to a Sloan album. "Gimme That" opens up the album and has a "Motor City Maniacs"-riff with the melodies that Sloan has honed for over a decade now. "The Rest of my Life" is a standout track

as it is a representation of what Sloan does best and contains a great line showing that the band cares more about their craft than success when Chris Murphy sings that he knows one thing about the rest of his life will be spent in Canada.

Finally, a band that is truly proud of being Canadian. "Reach Out," although an eight-minute track is done well enough that the listener isn't reaching for the next track but-ton. The remaining tracks on the album are nicely polished rock-driven pop songs (Remember pop isn't a bad thing when done right!) and much can be accredited to the production of Tom Rothrock who molds their sound into a precise direction.

So, should you finally force yourself to purchase a Sloan record? Well, if you haven't yet, this is a good start. The band's influences still shine through but Sloan begins to clearly distinguish themselves from what they listen to. Now, go grab a cold beverage of your choice, raise it high, put on *Action Pact*, and repeat those wonderful words that you know the one thing about the rest of your life will be spent in Canada. (C'mon, it is definitely not a bad thing!)

Don't let your dreams disappear in the wind.



Time was, you could dream of continuing your education at the Ontario university of your choice, and those dreams stood a fair chance of coming true.

But that was before the Ontario government cut over \$1 billion from our universities. Less funding means higher tuition, fewer professors, overcrowded classrooms, inadequate resources and, potentially, a lower quality of education. The Ontario government's spending per person on universities remains the lowest in all of Canada, and is lower than nearly every American state.

The cost to attend university in Ontario is becoming so high that average families may find a university education is not an affordable option for their children.

This is your university. It's important that you vote for the candidate who will bring about the necessary changes to assist our universities. We need a change from past government policy that has not adequately funded our universities. Help to ensure that dreams become realities for Ontario's students.

Go to www.Iwanttogotouniversity.com for more information.

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A Perfect Circle *Thirteenth Step* By Chas Anselmo

Super-group or clone band? This is the question faced by A Perfect Circle. With the new additions to the band's line-up, A Perfect Circle has more in common with the former than the latter. When a band adds Jeordie White (formerly Twiggy Ramirez of Marilyn Manson) and James Iha of Smashing Pumpkins fame to a line-up that features the haunting voice of Tool, Maynard Keenan James, super-group should apply. Thirteenth Step further separates A Perfect Circle from the past claims that the band is nothing but a Tool cover band.

However, the opening track off of *Thirteenth Step* does not support what I just said. "The Package" reeks of Tool. It is long and drawn out and fails to show any difference between A Perfect Circle and Tool. In addition, "Lullaby" supports the Tool cover band argument. It is not entirely the fault of A

Perfect Circle. Maynard Keenan James' vocals are so distinctive that it is hard to differentiate between the two bands' styles.

What a difference one track can make though. "Weak and Powerless" allows APC to stand out on its own as a band. The ninth track, "The Nurse Who Loved Me," expands what can be expected of the band with its very operatic flow. For fans of James' vocals, listening to this track is a must. Also, "The Noose" and "Pet" again show that APC cannot be simply written off as a cover band but instead, a band willing to test its creative limits.

As someone who thought *Mer De Noms* was a great recording, my expectations of *Thirteenth Step* were quite high. Thankfully, this super-group was capable of making a record that raises the bar. Although I hate to say this, this album is a must buy for any Tool fans but hopefully, by the end of this album, you will refer yourself as an APC fan too.



Mouseland Creator Was a Leader and Energetic Critic

By: Richard Paquette

Adapted from "Douglas Thomas Clement in L.D. Lovick in the Canadian Encyclopedia available online at www.thecanadianencyclopedia.com

Mouseland is a simple story of Thomas Clement "Tommy" Douglas (1904-1996) with a strong message about grassroots democracy that still holds true today.

Douglas, a Baptist minister, and politician led the first socialist government elected in North America in Saskatchewan from 1944 to 1961. In 1961 at the founding convention of the New Democratic Party, Douglas was chosen as its leader, a post he held until 1971. He is recognized as the father of socialized medicine and helped to establish democratic socialism in the mainstream of Canadian politics.

Douglas's working-class and religious family provided a strong background for both his politics and his faith. His family left Scotland and settled in Winnipeg in 1919 where Douglas witnessed the Winnipeg General Strike. Leaving school at the age of 14, Douglas began a printer's apprenticeship, then became involved in church work and in 1924 decided to enter the ministry. He was at Brandon College for six years and it was there that he was exposed to the

Social Gospel.

When Douglas moved to Weyburn, Saskatchewan, following his ordination in 1930, he found much suffering caused by the depression and drought. Douglas soon became involved in ministering to people's physical as well as spiritual needs. His studies, along with his experience of the Depression of the 1930s, led him to conclude that political action was necessary to alleviate human suffering.

In 1931 he helped form a local association of the Independent Labor Party, and two years later he attended the founding convention of the new Co-operative Commonwealth Federation. Douglas ran unsuccessfully in the 1934 Saskatchewan election. Friends then convinced him that he should be a CCF candidate in the federal election of 1935. This time he was successful.

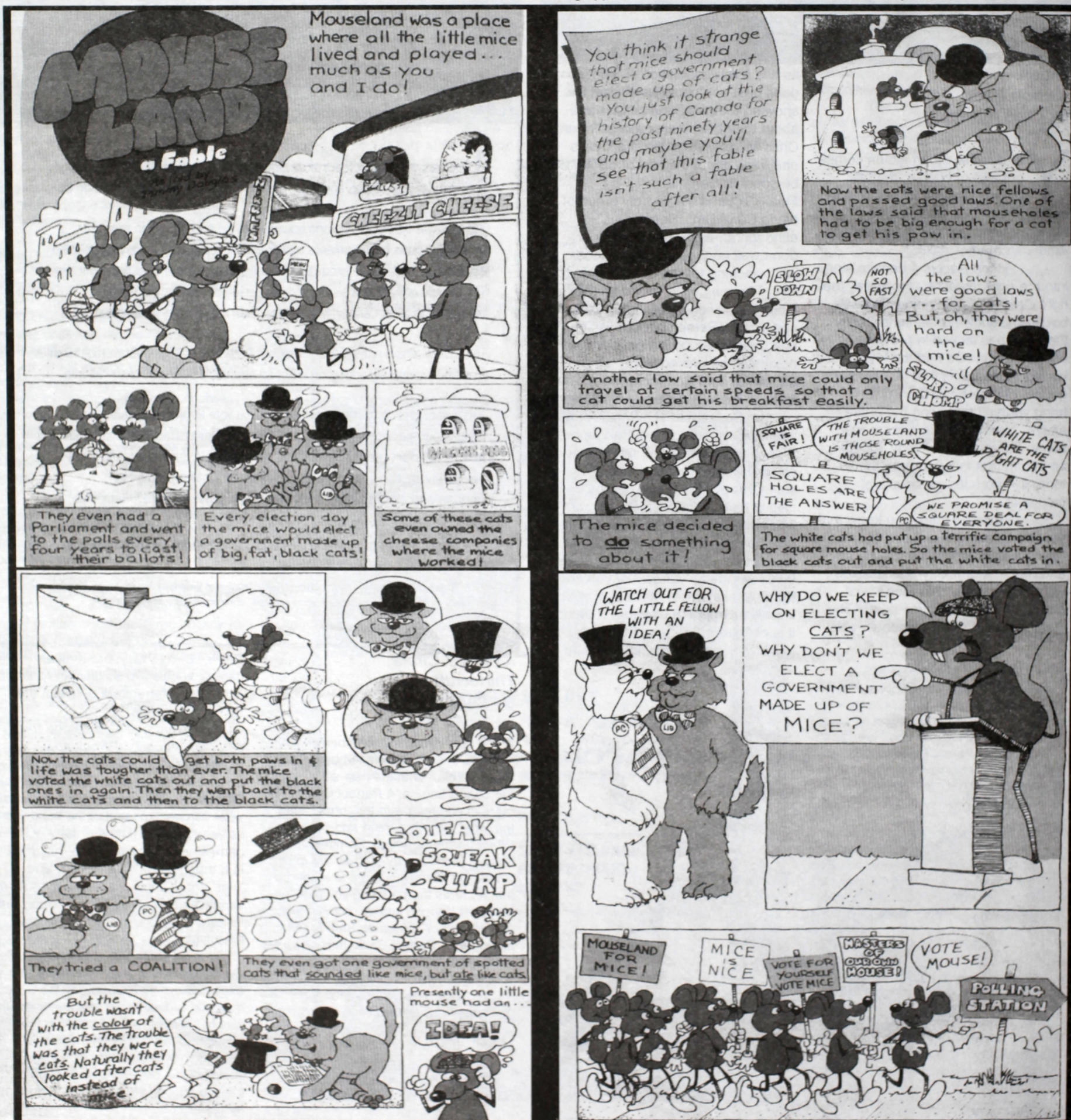
The Second World War further convinced Douglas that the socialist case was valid. Although he heard it repeatedly argued that money could not be found to put people to work during the Depression, money was found to finance a war. During his first two terms in Parliament, Douglas earned a reputation as a skillful and witty debater. He claimed as his constituency the underprivileged and exploited and he often took unpopular stands in defense of civil liberties, including opposition to the

internment of Japanese-Canadians.

In 1944 Douglas resigned his federal seat to lead the Saskatchewan provincial party in the successful general election campaign. As Premier of the province for the next 17 years, he became a symbol of what the democratic socialist alternative promised. His government was innovative and efficient and it pioneered many programs that would later be implemented by others, notably in the field of social services.

Douglas became leader of the new party in 1961 primarily because of his success in Saskatchewan but also because he was universally regarded as the left's most eloquent spokesman. He was able to inspire and motivate Party workers and he could also explain democratic socialism in moral, ethical and religious terms.

However, Douglas was defeated in the federal election of 1962, largely because of the backlash against the Saskatchewan government's introduction of Medicare, which had culminated in a long and bitter strike by the province's doctors. Winning a British Columbia seat in a by-election, Douglas went on to serve as leader of the New Democratic Party until 1971, when he became his Party's energy critic until his retirement in 1979. He died in Ottawa on February 24, 1986.



Be Picky When it Comes to Choosing Permanent Body Art

By: Stephanie Worton
Editor In Chief

Some things never change. A student moves out, starts a life of their own, but for whatever reason, they feel the need to alter something, and that alteration is almost always in the form of a tattoo or a piercing.

Piercing and tattooing have been around for years, although the basic methods have not changed much over time. One thing that has changed is the risk of getting Hepatitis B, C and HIV. Even though people may ignore the issue, the fact is, anytime you pierce or tattoo your skin, there is the chance of infection and occasionally an allergic reaction.

Tattoo artists, when they are legitimate, will have no qualms answering questions from a potential customer. Some questions that are always informative to ask are:

- * Ask to see samples of the artist's work;;
- * Ask if the artist uses new disposable needles every time. *(Hepatitis B, C and HIV can be passed on through improperly sterilized or re-used contaminated needles. Used needles also develop barbs, micro bumps and hooks which mangle the skin and can carry micro-rust, causing infection.);*
- * Ask the artist how they sterilize their equipment. All equipment touching the skin must be cleaned first then sterilized before each use since blood and other bodily fluids may be left on the equipment from a previous client. Proper sterilization is done in an autoclave *(sterilized using steam)* or in a chemi-

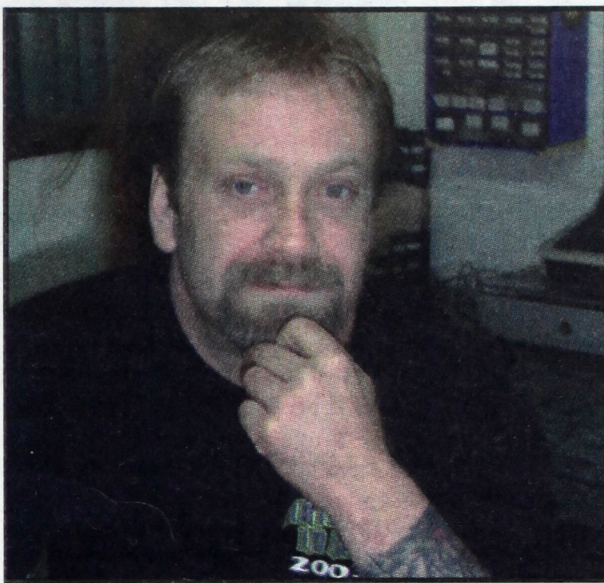


Photo by: Stephanie Worton

Laurier, Owner of Canadian Red Dragon, believes his clients get more than what they pay for.

clave (sterilized using chemicals) Hot bead sterilizers are not acceptable because they don't adequately sterilize;

* If the artist doesn't want to answer your questions, can't answer them or doesn't want to, don't be intimidated. Just leave and find an artist who will.

According to an official at the Sudbury and District Health Unit, "If you have thought it through, the best place to go in Sudbury would have to be the Canadian Red Dragon." Located at 891 Kingsway in Sudbury, the Canadian Red Dragon, who on October 19th will be celebrating ten years, "have always, without fail, passed our health

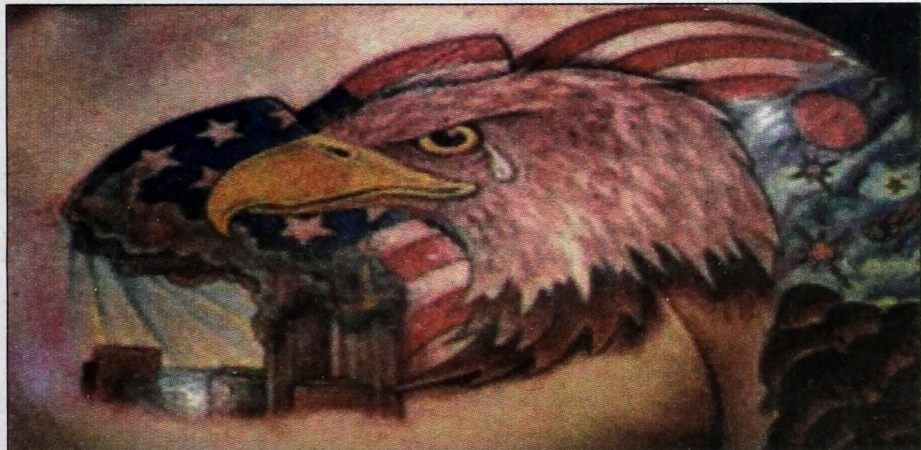
inspection with a perfect score of 100 per cent," explains the Health Unit official. "They use the proper equipment, their staff are all professionals, and they are passionate about the artistry they create."

Laurier, who is the independent owner of the Canadian Red Dragon, believes they are so successful because of how diligent they are. "We are and always have been consistent, and we go beyond what is expected of us. And we want our customers to be 100 per cent satisfied with our service." With 26 years experience under his belt, along with the expertise of two piercers and four tattoo artists, it's no wonder they average about 320 customers a month.

According to Taryn Gadde, manager of the Red Dragon, mothers and daughters seem to be jumping on the body art bandwagon together. "We get all kinds of people coming in to get different things done, but the mom and daughter team is becoming quite popular."

The average cost for a woman to get a piercing is thirty dollars, plus the cost of jewelry, which generally runs to about forty-five dollars. As for tattoos, on average women pay sixty dollars while men average one hundred dollars. The most popular piercings are the navel, the tongue and the nose, while rose tattoos appeal to the ladies and tribals to the men.

In the end, it's important to remember that body art is a lifetime commitment, and if they are done properly, you can enjoy it for life without regret. So be a smart consumer, and take the time to think it over. If you want the work done, it's worth getting it done right.



Tattoos Are Forever, Take Care of it.

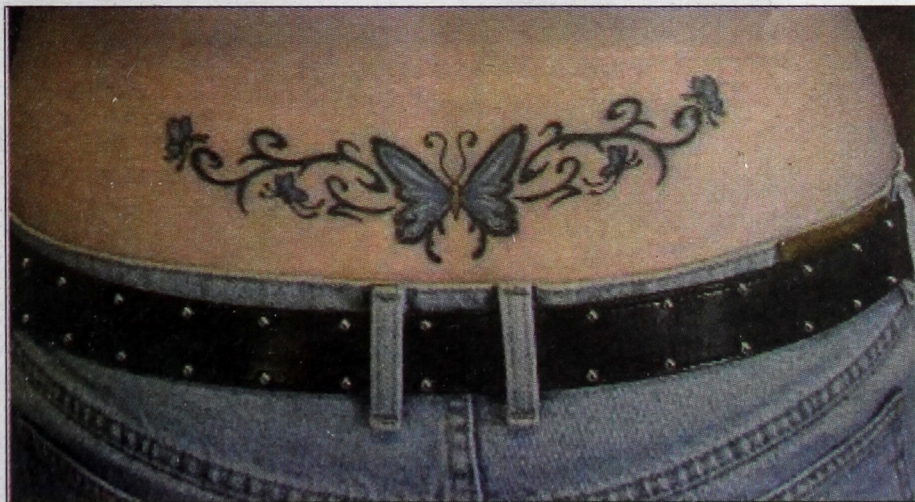
Canadian Red Dragon Tattoo Aftercare Instructions

Following the aftercare instruction s carefully will help your new tattoo heal quicker and maximize colour. Remember, everyone's skin is different; some people may heal faster than others.

- * Remove Bandage after 2 hrs
- * Do not re-bandage tattoo
- * Wash gently with Magic Dragon Mist Tattoo and Piercing Soap
- * Always pat tattoo dry...DO NOT rub or scratch, doing so may

result in loss of colour

- * Apply a thin layer of Tattoo Goo and massage into your tattoo
- * Wash tattoo with MDM Soap twice daily for 7 to 10 days
- * Apply Tattoo Goo 6 to 10 times daily for 7 to 10 days
- * Use a non-perfumed moisturizer (i.e." Lubriderm, Aloe Vera, Vaseline Intensive Care, etc.) up to 3 times daily for an additional week
- * Avoid sunlight, tanning, chlorine, sauna's and soaking the tattoo in hot water for the first 2 weeks



Canadian Red Dragon Piercing Aftercare Instructions

Piercings in any region of the body do not heal overnight, and must be cared for diligently and correctly. With proper care, and the proper jewelry, even the most dramatic of piercing will heal with little or no trouble. Without the proper care, the simplest can cause serious problems.

Your new piercing will cause you some discomfort for the first two weeks, and will not be healed for about six weeks. The navel usually takes more time to heal, and the tongue may take less. You should not change your jewelry for at least three to six months.

A well-balanced diet, with vitamin and mineral supplements is extremely important to the healing process. Also, healing is usually accelerated if some dietary Zinc supplement is used.

To promote healing, you must keep your new piercing clean at all times. Using MDM Soap with the low PH level will prove to be beneficial. Infections are unlikely if a rigorous cleaning program is followed. If an infection should occur

see your physician immediately. Infections of the naval tissue can be fatal. Signs of infection include prolonged soreness or pain, redness around the area, excessive swelling and/or discharge of pus and matter.

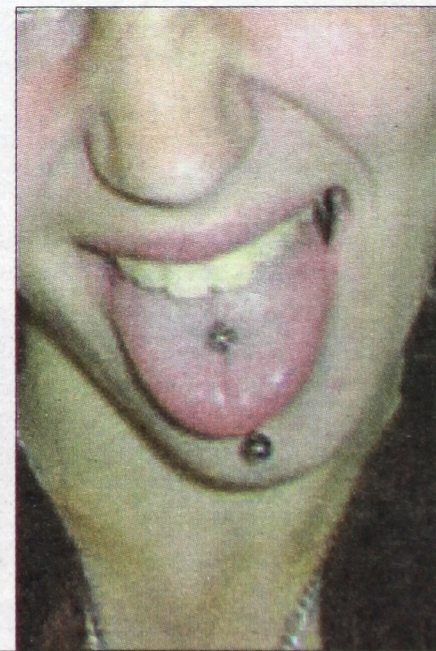
Products needed during the healing process of all piercings except oral

The only products required to heal all piercings except oral are Magic Dragon Mist Body Spray and MDM Tattoo and Piercing Soap. These products were designed specifically for the aftercare of body piercings.

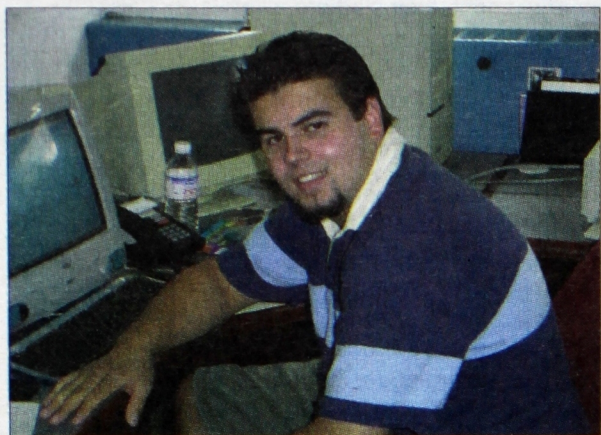
The traditional methods of piercing aftercare involved purchasing several products such as ointments and sea salts. This proved to be quite costly for the customer and not nearly as effective.

Products needed during the healing process of oral piercings

- * Magic Dragon Mist Oral Rinse: twice a day for four days
- * Salt water: One tablespoon in 4oz of water. Rinse your mouth thoroughly after smoking and eating.
- * Ibuprofen: Taking so Ibuprofen will help ease the pain and reduce swelling.



VOTE, VOTE, VOTE, VOTE!!!!



By Chas Anselmo
VP Student Issues

Elections, elections, elections. During the current school year, you will be asked to vote at least three times with a potential fourth in the spring of 2004.

The Provincial Election in Ontario is set for Thursday, October 2nd, 2003. Municipal elections are set for Monday, November 10th, 2003 across the province. Finally, the SGA/AGE elections are held in the spring of 2004. Throughout the year, you will hear us encouraging that you exercise your right to vote but right now, **I am writing to encourage all students to vote in the upcoming Provincial Election on October 2nd.**

Voting is not the dreaded task that it has been made out to be. To quote Elections Ontario, "When you don't vote, someone else speaks for you." This statement should start to get everyone thinking. Who is representing my interests and where can I find this information??

Well, the SGA/AGE is here to help you out.

On **Thursday September 25th, 2003 (TODAY) from 11am to 2pm**, will be hosting an issue-based forum in the **Brenda Wallace Reading Room**. Every party platform will be available to view (including the Green Party). Also, additional information will be made available to help all of us understand who stands for what and why this is beneficial to students of a Northern Ontario post-secondary institution.

You may still be asking yourself why you should vote anyway and that is always a valid question. First of all, it is your right, so **EXERCISE IT!** Every decision made by the government affects us and we should have a say in governmental business. It may seem that no one is listening but we can change that but that means we have to show up on Election Day and make sure we vote. Our votes are our voice. That simple X on a ballot can go a long way.

Still skeptical? It does not take a lot of time to cast your ballot or educate yourself on the issues. First, attend the forum on **September 25th from 11am to 2pm in the Brenda Wallace Reading Room**. Just stop by, have a quick snack,

and pick up some of the info around or listen to what is being said by those speaking.

Then, on October 2nd, get out to those polls and let Ontario know that we want to be heard.

IMPORTANT!!!!

In order to vote in the Municipal Election of Greater Sudbury, you must be:

- 1. a resident of Sudbury;**
- 2. a Canadian Citizen;**
- 3. be at least 18 years old**

Also, a student who is a qualified elector in another Canadian municipality and lives away from home to attend a university in Sudbury can be registered as a voter in this city. All you need is proof of name, signature and address (ie. phone or utility bill).

**Office of the Returning Officer
450 Notre Dame, Unit 9**

Also, there will be a polling station on campus the day of the election.

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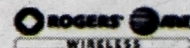


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SUDBURY

760 Notre Dame Ave.
525-5009

Supermall
1485 Lasalle Blvd.
566-7890

South Ridge Mall
1933 Regent St.
523-0013

Valest Mall
3140 Highway 69 North
897-7444

SAULT STE. MARIE

Station Mall
293 Bay St.
254-4988

143 Great Northern Road
256-5463

NEW LISKEARD

10 Whitewood Avenue
648-7000

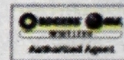
NORTH BAY

North Bay Mall
300 Lakeshore Drive
494-6161

2123 Algonquin Avenue
472-2000

TIMMINS

Timmins Square Mall
1500 Riverside Drive
267-3400



SUDBURY

Celluland
444 Barrydowne Rd.
525-2019

SAULT STE. MARIE

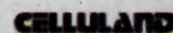
Quattr Communications
274 Albert St. East
945-0258

NORTH BAY

The Cellular Centre
37 Lakeshore Drive
494-7777

TIMMINS

Celluland
440 Algonquin Blvd. E.
267-4663



The Amiable Librarian

This column is based upon remarks on the Compliments / Questions / Suggestions sheets near the exit of the J.N. Desmarais Library as well as on input from library staff as they react to student concerns. If you would like to get in touch with the Amiable Librarian, email Lambda@laurentian.ca

Question: I find it very frustrating when I pay for Internet use at this school and yet am never told that it only applies to SOME computers. The bank of computers in the library that are specified at Library Research Stations are understandably limited to Laurentian affiliated websites.

The computer lab in the library is often being used by a class which limits us to using the computers in the library for school work such as research and interuniversity programs. Correspondence classes that take place online cannot be completed on your limited computers.

Perhaps this is an attempt to reduce the bandwidth use on the library computers, but I feel, as one of the people paying for this service and for this campus, that I should at least be notified of the inconvenience and a viable alternative produced. There is, of course, a number of computer

labs on campus, but the computers in the library allow easy access to online research while having formally published research close by.

Could you please explain to me why my computer use has been limited at the expense of my classes?

Daphne Rodaway

Answer: The Amiable Librarian thanks you for this question since it allows us to explain what in the world is going on in the library with our computers.

You are correct in noting that the 16 Workstations near the Reference Desk have been limited to library-only products. This only happened in the last week for the reason that the library has well-paid and highly trained staff at the nearby Reference Desk who frequently found their expertise was underutilized as users worked on their essays, pre-

pared PowerPoint presentations, or sent out messages on their Hotmail accounts.

Some users even took the opportunity to play games on these computers—Solitaire and poker being particular favourites. With the terminals now having a menu more focused on what the library is paying for, we anticipate that students doing research will gravitate to these terminals and if they need help, will secure it immediately.

So, even though, as you note, there are several computer labs around campus (C-105 being the closest, F213/214, L-704, G-27 and B-256 also being available) if you need programmes on the Network Computers will you be out of luck if you come to the library?

You seem to imply that this is the case because as you say "The [Brenda Wallace] computer lab in the library is often being used by a class". That in fact is not as true as you imply unless you define once or twice a week as often.

But even if it seems like often, the Amiable Librarian now has some news for you. First, the library is in the process of setting up a brand new computer lab on the third floor. This will have 20 computers (4 more than at the Cyberstation) and all will be fully-networked.

Each computer will be set up on ergonomic workstations similar to those currently available in the Brenda Wallace Computer Lab. These workstations will also replace the tables and chairs currently used at the Cyberstation.

Further, the printer on the third floor will allow for colour printing. Finally, the library will soon be placing 10 new wireless laptops on all the pods around the building making a grand total of 24 laptops.

Question: Last year you had chairs around the pods with the laptops and this year, you seem to have taken these away. Why? They were comfortable.

Anon

Comment: It is true that the chairs have been taken away and the reason is that the library needs some computers available that can be accessed quickly.

If folks are made too comfortable, then we can expect unfortunate line-ups at the terminals. Blame this decision on trips to the libraries at the universities of Toronto, Western and York, which have similar configurations. Blame it as well on the double cohort and as well on the fact that the library continues to welcome high school classes on many mornings.

Not all university libraries have such a programme with the schools, but as part of its recruitment strategy, Laurentian has elected to bring them in. We trust that our own students will bear with us and graciously overlook whatever small inconvenience they experience, particularly at the laptops!

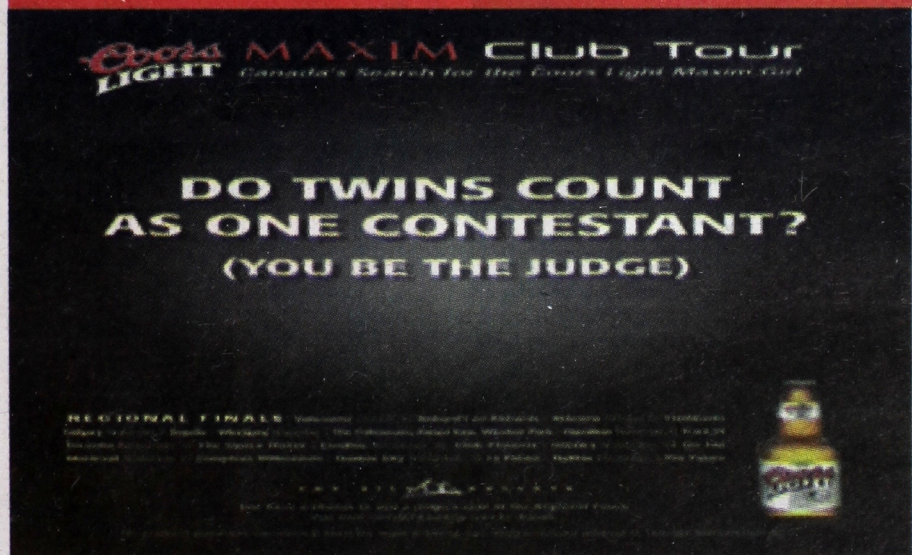
Question: Why can't the Archives be open longer than between 9:00 a.m. and 4:30 p.m.? I am not a banker—and I can't make it during the day.

Sven Diggs

Answer: Sven, Marthe Brown, the Archivist has just announced that she will be available until between 9:00 a.m. and 7:00 p.m. on Wednesday nights. You will find her on the ground floor of the library, just past the Computer Services Department.



Be at the Pub Downunder this Thursday for your chance to win a trip to the Maxim Regional finals in Toronto, on November 17th, 2003.



- * No purchase necessary
- * Must be legal drinking age



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FOR YOUR ENTERTAINMENT

55th Annual Primetime Emmy Recap

By: Kristin Grant-Smith

Considering the war in Iraq, the 55TH Annual Emmy Awards were pretty relaxed. This is obvious from the red carpet to the final minutes of the telecast. This is especially evident in the fact that there was no official host this year, just several stars doing 90 second bits. But nonetheless there was still a lot of glitz and glamour. This was quite a shift from the Oscars a mere six months ago, where there were no red carpet interviews.

There were still some mild war undertones, but you can bet there were certainly no anti-war sentiments expressed especially after the lynching Michael Moore and the Dixie Chicks received. But on with the show. Gary Shandling was the opening speaker, who I didn't find all that funny with his opening bit about lazy susans and homosexuals and his impersonation of California Governor candidate Arnold Schwarzenegger (who took a lot of hits last night, but it's really not all that surprising considering the family he married into – he's related to John F. Kennedy). The high light of his airtime was when *Everybody Loves Raymond's* Brad Garrett came and a shared a kiss with him a la Madonna and Britney Spears at the MTV awards, right after Shandling mentioned the show lacked a kiss like that!

That would not be the only surprise kiss of the evening which kicked off the nominations, best supporting actress in a comedy series winner Doris Roberts

(*Everybody Loves Raymond*) was smooched by *Friend* Matthew Perry who helped present the award along with his male co-stars. The wiser ladies swept several categories with Tyne Daly winning Best Supporting actress in a Drama series, beating out Lena Olin (*Alias*), Lauren Ambrose (*Six Feet Under*), Rachel Griffiths (*Six Feet Under*), and Stockard Channing (*The West Wing*). Dame Maggie Smith was not able to attend this year's awards, because she is in England filming *Harry Potter and the Prisoner of Azkaban* (Don't get too excited Potter fans, it isn't being released until June 4th, 2004). This did not stop her from also winning the Best Actress in a mini series or movie for her work in *My House in Umbria*.

Will & Grace's Eric McCormack called it, when he said it would be co-star Debra Messing's night though she doubted, and sure enough she won Best Actress in a Comedy.

Not surprising but also not wanted, *The Sopranos'* Edie Falco won the Emmy for Best Actress in a Drama. This is the third win out of four nominations for Falco, leaving many disappointed nominees in her wake including *Alias's* Jennifer Garner, Marg Helgenberger, (*CSI: Crime Scene Investigation*), Frances Conroy (*Six Feet Under*) and from the political drama *The West Wing*, Alison Janney.

You know what they say like TV wife like TV husband; James Gandolfini won the Emmy for Best Actor in a Drama series, for his role of Tony Soprano on *The*

Sopranos. Another *Soprano's* star took home an award for Best Supporting Actor in a Drama, Joe Pantoliano; he had been nominated along with co-star Michael Imperioli, Victor Garber (*Alias*), Bradley Whitford (*The West Wing*) and John Spencer (*The West Wing*).

In a the Best Actor in a Comedy Series I was really pulling for Matt LeBlanc (*Friends*), but he along with Bernie Mac (*The Bernie Mac Show*), Larry David (*Curb Your Enthusiasm*), Eric McCormack (*Will & Grace*) and Ray Romano (*Everybody Loves Raymond*) lost out to *Monk's* Tony Shaloub. He gave a very emotional acceptance speech having just lost his nephew earlier in the week.

And now for the big prizes... Best Comedy and Drama series. The Comedy category is going to look very different next year as winner *Everybody Loves Raymond*, *Friends* and *Sex and the City* are all ending after this season, which was the buzz of the red carpet. Also nominated were *Will & Grace* and *Curb Your Enthusiasm*. *The Simpsons* are a notable leave out! In the Drama category, the *West Wing* reigned supreme over *C.S.I.*, *Six Feet Under*, *The Sopranos*, and *24*.

Overall the Emmys weren't too bad, it had its funny bits like the appearance of the American judges, and it's sad bits like the tribute to John Ritter. Now the wait for the 2004 Emmys begin, as we sit back and watch what the new TV season has to offer us.



Best Actress in a Comedy Series winner Debra Messing picked a winner with this rusty golden dress.



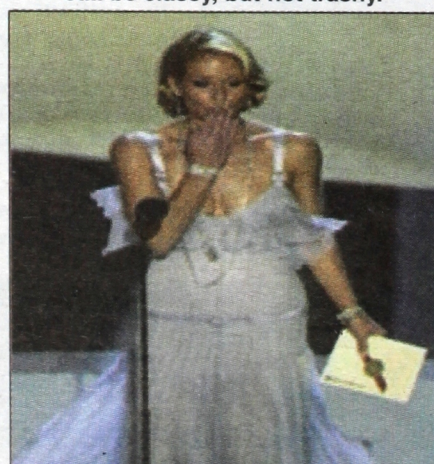
Miss Match star Alicia Silverstone displays how to show some skin, and still be classy, but not trashy.



Wanda Sykes looks wonderful in this fun but age appropriate dress, which accents her best feature; her eyes.



And you give fashion advice? Joan honey, let me give you some! Here's rule number one: your accessories should not be more than 20% of your total height!



Can anyone say gaudy? Christina Applegate is attractive, but this dress is not. It is unflattering to her in almost every way.



Curb your Enthusiasm's Cheryl Hines, should have done just that when she saw this dress, which looks like a dominatrix outfit that has had a puffy skirt and sheer added to it!

**Best
Dressed
Women of
the Evening**

**Worst
Dressed
Women of
the
Evening**

FOR YOUR ENTERTAINMENT

Awesome Young Canadian Band Not Easily Labelled



By: **Stephanie Worton**
Editor In Chief

High Five Drive is a young rock band based out of Winnipeg, Manitoba, Canada. With a broad range of influences including punk, rock, metal, and emo, people just can't seem to figure out what genre they are... they just know that their music kicks some serious ass. From ripping fast punk anthems, to slower, more powerful emo-rock, this band cannot be judged by any one song. The band formed a solid line-up in July 2001.

Just two months later they played their first gig, and by November were in the studio to record a two-song demo. The demo received some airplay on local campus radio, but HFD wasn't happy with the songs or the recording quality, so in April 2002, they went back to studio to record a 5 song EP.

In July 2002, the band went on their first western Canadian tour playing dates between Brandon MB, Calgary AB, and back. Their new EP was well received by college radio stations, and was put into indie record stores in all the major cities along the tour.

Shortly after the tour, the band headed into Studio 11 in Winnipeg to record a new song. They had won the studio time at a Battle of the Bands courtesy of CMA Entertainment. With a fresh single in their pockets, the band headed back out on tour in late September 2002 with Hourglass recording artists Supersift, for another western Canadian tour. This time HFD was able to head all the way to Vancouver, picking up many new fans along the way.

By early 2003, High Five Drive released a new three-song demo, and had played with many great bands including Downway, Tsunami Bomb, The Undecided, Closet Monster and Slick Shoes. In May they embarked on their 3rd Canadian tour. This time they played shows from Vancouver, BC, to Moncton, NB. Encouraged by the crowd response on the tour, HFD is now planning their 4th Canadian tour to take place between late August and October this year.

The band is also beginning pre-production on what will be their first full-length album to be released by spring 2004.

HIGH FIVE DRIVE: WHO THEY ARE

Greg (front)

Full Name: Greg Wayne Peter Daniel Rekus

Plays: Better Guitar and Lead Vocals

Currently Listening To: Moneen, Lagwagon, DBS, Choke

Quote: "Great warrior? Hmmm... wars not make one great!" - Yoda

Dal (left)

Full Name: Dallas LeVar Reimer

Plays: Bad Guitar and Lead Vocals

Currently Listening To: The Vandals, Pharcyde, Queens Of The Stone Age

Quote: "Chapschapschaps, chaps, chaps, chapschapschaps, chaps" - Nathan (thejohnsons)

Steve (rear)

Full Name: Steve Jowsey

Plays: Drums And One BG Vocal

Currently Listening To:

Goldfinger,

Quote: "There are no story book romances, no fairy tale endings" - Lagwagon

Brent (right)

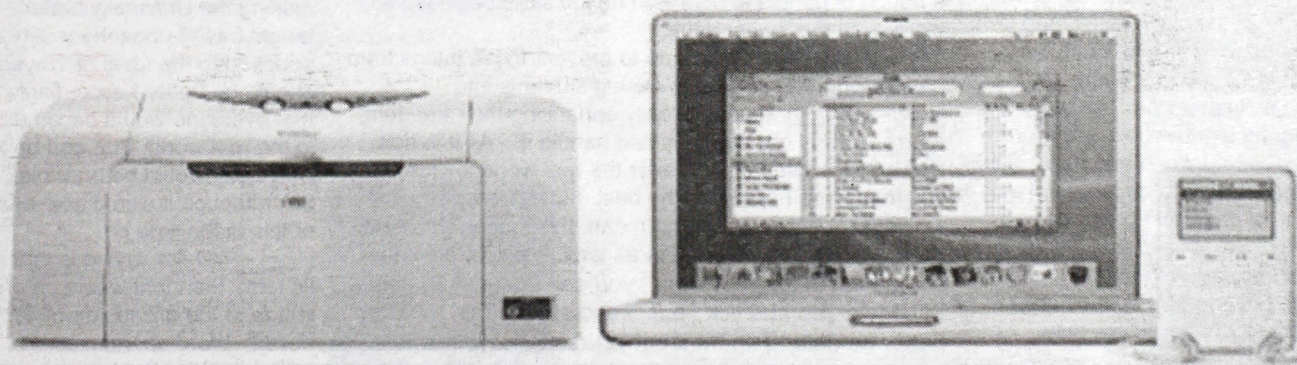
Full Name: Brent "Grampa" Smith

Plays: Bass and BG Vocals

Currently Listening To: Death by Stereo, Dashboard Confessional, 3 Day Binge, Giant Sons, Propagandhi, Rufio

Quote: "Ummmmmm! Oh yeah baby, right there!" - Jenna Haze

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The Ultimate University...What a Concept!

By: Sven Diggs

Ya Down Wit' UPD? — (yeah you know me) Recently, I was in a class where an argument arose over what responsibility the University should take in ensuring students learning.

This made me think what the purpose of University is from its view. Then, I thought what the problems of this view were. Then, I thought of how people should succeed given these limitations. And after all that, I came to the conclusion that if I were to talk about all this, that would make for a pretty goddamn lame article. So instead, I came up with some ideas for what I think would make a totally kick-ass University, tried to tone down most of the really offensive ideas, and eventually came up with this.

The name of my ideal University would be The University of Personal Development (or UPD for short). It would be named as such as a reflection of the purpose of the University: To help people learn to be productive, happy and reach their potential. Also, Laurentian is already taken. The way this University would be run would be that every aspect of it would have to answer to the question: how does this help people improve themselves? If an argument can be made that it does, then this aspect remains, and if it doesn't, then off it goes. Here are some ways that this theory would apply to some current ways that Universities run.

Finance

As it is now, Universities are not self-sufficient. They rely upon huge subsidies from the government to stay functional. In my view, this inhibits personal development. Getting subsidies eliminates the need for efficiency, and increases the chances of settling for mediocrity. For a University to use its full potential, it should be able to be totally self-sustaining.

There are a few ways to achieve this. For instance, walking around any campus is normally a very aesthetically pleasing experience. What with the buildings and trees and such. But, aesthetics is not a determining factor in allowing one to reach his or her potential. It's nice, but pretty much superficial. A lot of money could be saved through cheaper architecture. I'm not suggesting circus tents, but at least something more conservative.

Next, a prime example of how money could be saved is by eliminating the need for physical campus libraries. This is not saying that either the concept of the library or librarians should be eliminated. Not at all, I think libraries are very important. It's just that every University in Ontario has a library (to the best of my knowledge), and undoubtedly this means a lot of duplication of items. Usually a great deal more than students could legitimately be expected to use. What if the Universities got together and shared one giant library in the middle of Ontario and ran the books back and forth sort of like the post office would? I mean, you could just use the U of T library. It's already like 10 stories high....

The process I imagine would be that you could find a book on a computer, then have it entered into a huge database, then a transport truck would bring all the books from the main library to all the Universities and you could have the book by the next day. Think of all the money that would be saved! Enough that each University would be quite a bit closer to profitability.

On another note, in the long run, as all the graduates of UPD move out into the real world and make mad dough, I'm sure a lot of donations would be headed back into the school as a measure of pride and gratitude. Furthermore, think of the effect on society as a whole, if Universities were self-sustaining. If that were the case, the millions of tax dollars the government spends on them could be rerouted to social programs like play-



grounds and hospitals, or even, heaven forbid, used in an effort to reduce our billions of dollars of debt. One thing is for sure though: there's no way they could mismanage a billion dollars! Not again, anyway.

Faculty

To me, the problem with University is not the faculty. The problem is how the faculty spends their time and uses their talents. As a professor, you're expected to teach, research, write papers and books, and undoubtedly do a bunch of other stuff I don't even know about. Honestly, how many professors have you had that are obviously brilliant, but who were also complete nut bars who couldn't teach a class to save their lives? No doubt quite a few. That seems to be how the world works.

People usually get a side of brilliance with a dash of crazy. So how would my University deal with these wackos? Well, first of all, I wouldn't let them near ANYONE, nevermind a classroom full of students. Instead, I would have the smart researchers do research, and the personable and able professors teach.

I would make the University more interdependent upon people's skills as opposed to a spattering of people all trying to do everything. No more 'I'm funny and friendly, but I'm not a super genius and yet I'm expected to research things' or 'I just ate a baby, and now I'm teaching first year!' Instead, it would work more like 'Hi, I'm a funny-and-friendly prof, and I'm going to teach you stuff that THIS crazy mofo just discovered.'

Learning

There's a lot of talk about 'opportunity' at University. Everyone has the 'opportunity' to do well in school, and everyone has the 'opportunity' to stay in shape. The problem is, very few immediately realize why they should be USING these opportunities. The main issue I have with this way of thinking is that it's not well suited to how first and second year undergraduate students actually learn. To me, it seems as if way too many people drop out these years because they can't justify spending all sorts of money and still not know what they want to do with their lives. Basically, University creates a bunch of people in debt with no job skills besides knowing how to mix sweet drinks.

So, what would I do to prevent these things from happening? The answer is easing students into University life gradually. Slowly enhancing their freedom, as it becomes obvious they can handle it. As it is now, University is 'preparing you for the real world' by turning you loose and hoping for the best. I understand why they would want this to happen. I mean, this makes University hard, which the real world is as well. If you don't know something in the real world, you can't expect someone to coddle you and lick your *##hole. (Too far?) You'd better be able to figure it out yourself. Now, this is

something that I've come to realize at age 21.

At age 19, my thought process was more 'I have no idea what's going on — F#*(it, I'm drinking!' Now, a lot of first year students have already come to the realization of how to survive University. The problem is, these people are assumed to be the norm, whereas, from my experience, they are not. And the result of this is that class averages are generally around 65-70 per cent. Think for a moment about how preposterous that is. What job would hire you if you only knew 65% of the material required to succeed? Do you think profs get jobs based on them only kinda know what they're talking about and mostly just for being really good at guessing on multiple-choice tests? People SHOULD know 100 per cent of the material. But, a 19-year-old hasn't yet figured out that the only way to get 100 per cent is by consistently doing work and practicing the material.

Therefore, schools should assign more mandatory homework. (You can complain, but it's about time you realize that you should be doing homework as if it was mandatory anyway) And, instead of simply presenting the material, profs should be indicating what knowledge students should gather from reading it, and why that knowledge is useful in real life. Any successful basketball coach will run drills by letting the players know the skill to be improved with the drill, yet academia hasn't yet caught onto the concept.

Speaking of basketball; sports, weightlifting, or at least some kind of physical activity should be mandatory. Exercise gives people the energy to perform better in so many different facets of life, and, by releasing endorphins even makes you happier! But, all you hear about in first year is Frosh 15 and how it's normal. Then, you hear people say "I have a meal card." Maybe I can get Swiss Chalet sauce inserted directly into my veins.... While I'm sure there are other physiological reasons for people gaining Frosh 15, mandatory exercise could at least retard them somewhat, I'm sure.

Problems with this Type of University

In its idealistic form, the people going to this University would most likely develop into happy and productive people. And, once these people enter the real world, the lessons they learned at University would probably make them pretty goddamn rich. This may end up being a problem, as it would accentuate the difference between the rich and the poor. Then, using my limited predictive abilities based on having taken grade 10 history, I suppose our society would self-destruct or something. Something crappy would probably happen, anyway. As a possible solution, maybe a bunch of experts on social behavior, history and whatever else, as opposed to just some random guy who did no research whatsoever, could get together and modify the principles to make sure that all that doesn't happen: the end of the world and what not....

So, to recap, here is my idealistic University. Number one, it should make cash money. Next, the faculty would use each member's gifts with the goal of making the University better. Then, students would be taught based upon the reality of how they learn, as opposed to the ideal of 18-year-olds being adults who should be treated accordingly. The end result would be that everyone would become happy, prolific, and effective in the real world. But, do I believe that this type of University would be possible? Sure, anything is possible, although it would take a lot of work to pull something off of this magnitude off.

All I'm saying is that if it DID exist in this idealistic form, then that would be pretty sweet (insert mental image of me playing air guitar in reflection of the sweetness). Word up, homies.

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Welcome International Students to Laurentian University!



President's Message

I extend a warm welcome to international students at Laurentian University. We are so pleased to see so many new faces on campus and hope that we can make your stay a happy and successful one.

As a student, I was fortunate enough to study overseas and I have since traveled to over 30 countries around the world,

including China where I have visited several cities in the North, South, Southwest and places in between. Combining study with travel is a very enriching experience. You will learn a lot and make many good friends. And as winter comes, don't forget to enjoy the snow and winter sports. That way you will feel the warmth of our culture and not the cold climate.

If you need anything at all, you know you can count on your teachers or staff in the Laurentian International Office. If you meet me in the buildings or on campus, please stop and introduce yourselves. I would like to get to know as many of you as possible. Best wishes for much success and fun throughout your years at Laurentian.

Judith Woodsworth, Ph.D.
President

By: Yang Zhichao
International Students
Commissioner

The Students General Association (SGA) is your largest student union on campus. We offer bilingual services in French and English, and endeavor to represent all students, regardless of language spoken.

The SGA offers many services that are of particular interest to the International Students, the most important being that we have an International Student Commissioner who is an important part of our Board of Directors, and who is also very involved with our yearly planning.

The other services we offer to International Students are photo developing (24 hour turnaround), faxing (including discounted International Students Organization (ISO), and a health plan to supplement your UHIP plan. Included in the Health plan is a free prescription drop off and delivery service for those students who are not able to go to the pharmacy.

If International Students are looking for alternative housing, our Off Campus Housing Office is also located in the Student Centre and can offer a wide range of listings. In March the SGA offers an income tax service (for a minimal fee) for International Students, which includes a free seminar about the Canadian Income Tax system in general. If you are living in residence, a grocery bus runs from the bus stop on the hill to the grocery store and downtown every Saturday. This service runs from 10am-4pm, and costs only for 1\$ for a return trip.

The SGA is always looking for suggestions on how we can better serve our International Student population, so please do not hesitate to contact our office, which is located in the Student Centre (room SCE 212), or to speak with our international Students Commissioner who is Yang Zhichao.

NEWS RELEASE

On Friday, September 26, at 7 p.m., Canadian playwright and actor Leanna Brodie will present a public reading of her most recent play entitled *For Home and Country* in Thorneloe University's Theatre. Admission is free and everyone is invited.

For Home and Country, a play about the Women's Institutes, was produced in 2002 (and re-mounted in 2003) by the 4th Line Theatre, where Leanna Brodie was playwright-in-residence. In producing this play, Leanna Brodie consulted the book *For Home and Country* written by Laurentian University history professor Dr. Linda Ambrose.

In this work, Dr. Ambrose wrote the history of the Women's Institutes of Ontario, which were founded in 1897. Its mandate was to improve rural women's lives by providing them with more information about domestic science education. Almost immediately, the Women's Institutes of Ontario broadened to include civic improvement, government lobbying and community betterment. At the same time, the organization spread geographically, with branches forming in virtually every rural community in Ontario, then across the country and the world.

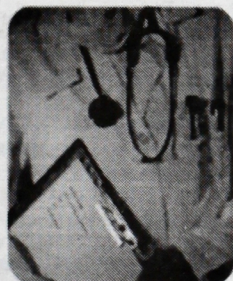
Leanna Brodie lives in Toronto where she is an actor and writer. She has worked with many prominent directors of the Toronto independent theatre scene, including Dean Gabourie, Sue Miner, Soheil Parsa and Guillermo Verdecchia. She has been part of the playwrights' units of both the 4th Line Theatre and Theatre Passe Muraille. Her short play *Invisible City* was heard on CBC Radio in 2001. The *Vic*, her first play, was co-produced in 2000 by Cahoots Theatre Projects and Theatre Passe Muraille and published by Talonbooks in the spring of 2002.

In May 2002, she created during a workshop *One Woman, One Child* at the ACT/Hedgebrook Women Playwrights' Festival in Seattle, where she was the first Canadian selected to attend. She has been invited to a reading and discussion of her work at the Women Playwrights International Conference in the Philippines in November 2003.

Leanna Brodie is funded by the Canada Council and her visit to Laurentian and Thorneloe universities are arranged through the Office of the Playwrights' Guild of Canada.

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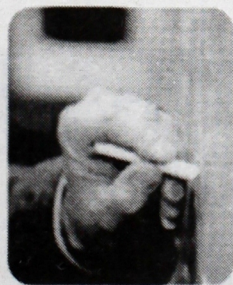
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朝花夕拾

創刊

* 校长致辞 *



本人以最诚挚的热情欢迎中国同学来到 Laurentian 大学, 我也很高兴能够在校中看到如此多的新面孔, 并且我们希望他们都能够成为 Laurentian 中成功的一员。

作为一名学生我也曾经在海外学习并且我也曾访问超过了 30 多个国家。其中也包括中国。在中国的南方、北方、西南与中部的旅游与访问中, 让我结识了许多的好朋友, 这些是我人生中最美好的回忆。

随着冬天到来, 请大家尽情享受冬日所特有的情怀与体育活动。从中你可以感受到加拿大的文化与气候。

如果同学们遇到困难, 你们可以寻求你们的老师的帮助, 我也愿意为大家服务。

最后祝愿大家度过一个愉快的学期。

校长: Judith Woodsworth, Ph.D

国际学生办公室

欢迎大家来到 Laurentian 大学学习!

谨此机会, 我们代表国际学生部祝贺《朝花夕拾》中文报纸的成立! 同时也向大家介绍一下 Laurentian 国际部, 并感谢国际部对所有国际留学生的帮助和支持尤其是对中国留学生、学者联谊会的支持!



从左到右: Melissa Keeping, Lori Dagg, Ruth Young(away), Lisa(away), Michelle Belanger (前排) Mankit Chan, Renee Zulich, Frank Qi 缺席 Bora Ugurgel

Melissa Keeping 国际学生部主管
 Michelle Belanger 国际学生招生办公室经理
 Renee Zulich 国际学生服务办公室经理
 Lori Dagg 国际学生招生, 住宿办公室助理
 Mankit Chan 国际学生部信息办公室助理
 Frank Qi 国际学生服务办公室国际学生顾问
 Bora Ugurgel 国际学生办公室助理

希望大家多多支持这份报纸, 并以 LAMDA 为一个有效的媒体与所有同学建立联系。

祝所有的国际学生万事如意!

Mankit Chan AND Frank Qi

近期动态:

- 9月5日 International students party
 - 9月12日 12:00 pm International students club election
 - 9月12日 1:30 pm Activities day
 - 9月16日——9月18日 Clubs day
- 以上活动如有变动, 请按最新通知为主。

求稿:

中文作品, 内容健康, 文体不限。无酬劳。投稿邮箱: SGAINTERNATIONAL@HOTMAIL.COM

诚招义工: 编辑, 爱好文学, 有业余时间共同办报

新学年巡礼

梁进

每当九月, 金色的阳光洒满了这片土地, Sudbury 最美丽的季节来临了。一碧如洗的蓝天, 郁郁葱葱的丘陵, 湛蓝色的湖水……让人几乎忘记了身在异乡的烦恼。每到这时也是新学年伊始的时候。Ramsey 湖边的 Laurentian 校园经历了四个月暑假的沉寂之后又一次焕发了往日的生机。每年, 来自加拿大全国各地的高中毕业生以及来自世界各地的留学生们给这座有着五十多年历史的校园注入了新鲜的血。老生返校, 迎接新生几乎成了九月里 Sudbury 最隆重的一项典礼。



作者: 梁进 来自陕西西安 2001 年 5 月入读 Laurentian 大学 BAP 学习语言, 2001 年 9 月就读计算机专业至今

值得一提的是, 今年在校中国留学生的数目达到了大学历史上前所未有的高度。9月5日, 学校国际学生部和 SGA (Students' General Association) 在 Ramsey 湖边联合举办了一次有校长, 学生注册办公室主任, 以及 Sudbury 市各组织机构参加的国际学生聚会。听在国际学生办公室任职的 Mankit Chan 讲, 今年中国留学生的总人数已经达到了 400 多人。

时光倒转, 2001 年的 5 月我第一次踏上这片土地的时候, 也同所有的新生一样, 对这异国的土地充满着新奇, 憧憬以及强烈的生疏感。然而于今天不同的, 那时整个 Laurentian 校园能够找到的中国留学生也就 4 个人。那种初到异乡举目无亲的感觉真的是难以形容的。历时两年, 中国留学生的队伍从 4 人壮大到了 400 多人, 成长的速度是惊人的。几年来小留学生们从依恋父母的孩子变成了独立, 成熟的大学生; 从难以与人交流到突破了语言障碍克服了文化差异。这些成绩都是值得令人骄傲的。有的更积极参与和到了为国际学生服务的各个机构和组织当中。学校先后成立了国际学生办公室, 中国学生会, SGA 也设立了为国际学生服务的项目。这些组织机构中不乏我们优秀同学的身影。大家都在为了同一个目标努力, 那就是以我们先行者的经验和能力为身在异乡的留学生们提供尽可能多的帮助和便利。使大家能够尽快的适应环境, 克服困难, 专心投入到学习中。这些优越的条件在几年前都是无法想象的。再过一年, 首批中国留学生就要毕业了。如果说在民族危亡, 祖国沦陷的黑暗岁月里, 早年的留学生们依然能够找到报效祖国, 奉献才华的机会和途径的话, 今日留学生必将在强大而繁荣的祖国获得无数令他们的前辈羡慕不已的历史机遇! 亦或在这异国的土地上继续以我们东方人特有的智慧开创出一片崭新的天地, 都是可以令人骄傲和引以为自豪的。

无论将来怎样, 这里的经历都将成为留学生们人生历程里永远难忘的一段时光。能不远万里在这儿相聚就是大家的缘分。衷心希望留学生们能够相互团结, 努力学习。不负亲人和历史赋予我们每个人身上的使命。

「编辑的话」



丁姆姆:
《朝花夕拾》主编, 2003 年 9 月入学, 主修经济学

九月的金秋, 在充满着新学伊始的喜悦与欢度

中秋佳节的欢悦氛围里, 我们的中文报纸《朝花夕拾》也终于有了自己小小的一片天地。俗话说「万事开头难」《朝花夕拾》的

从大到小首先我们要感谢 LAURENTIAN 学生会国际学生委员杨

智超从四月份至今为第一份《朝花夕拾》的诞生所做出的不懈努

力, 并且感谢国际学生办公室对报纸的大力支持, 以及 SGA 与

LAURENTIAN 的鼎力协助。能够让《朝花夕拾》得到广大同学们的

支持与喜爱是我们的办报宗旨以及编辑部同仁的最大希望。尽管

版面有限, 但我相信我们将会尽最大的努力来耕耘这片土地。

SGA----Laurentian 大学学生会

欢

欢迎大家回到 Laurentian 大学, 借此中文报纸创刊之际我们学生会 (SGA) 的全体成员向各位中国同学致以新学年伊始的祝福, 并祝贺《朝花夕拾》报纸的创刊。



从右到左
Erika Mieto—président
Zhichao Yang—International Students Commissioner
Chas Anselmo—VP Issues
Raye Lemke—VP Services

SGA 是 Laurentian 大学最大的学生组织并具体负责在校学生的生活及生活问题。随着我校国际学生的不断增多, 我们学生会也相应扩大了对国际学生的工作服务范围, 并开设了一系列的服务来帮助和解决国际学生的学习与生活问题。迄今为止, 我们学生会已开设了以下国际学生的服务项目:

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每年的三月我们学生会将会聘请专业会计师为同学们处理报税问题。

我们学生会 (SGA) 将为国际学生提出更多的服务, 并竭尽全力做好为每一位国际学生的服务工作。我们的国际学生委员杨智超将会为每一位国际学生解决问题, 并欢迎各位国际学生联系我们。办公室 (Room SCE 212) 或联系我们的国际学生委员杨智超。

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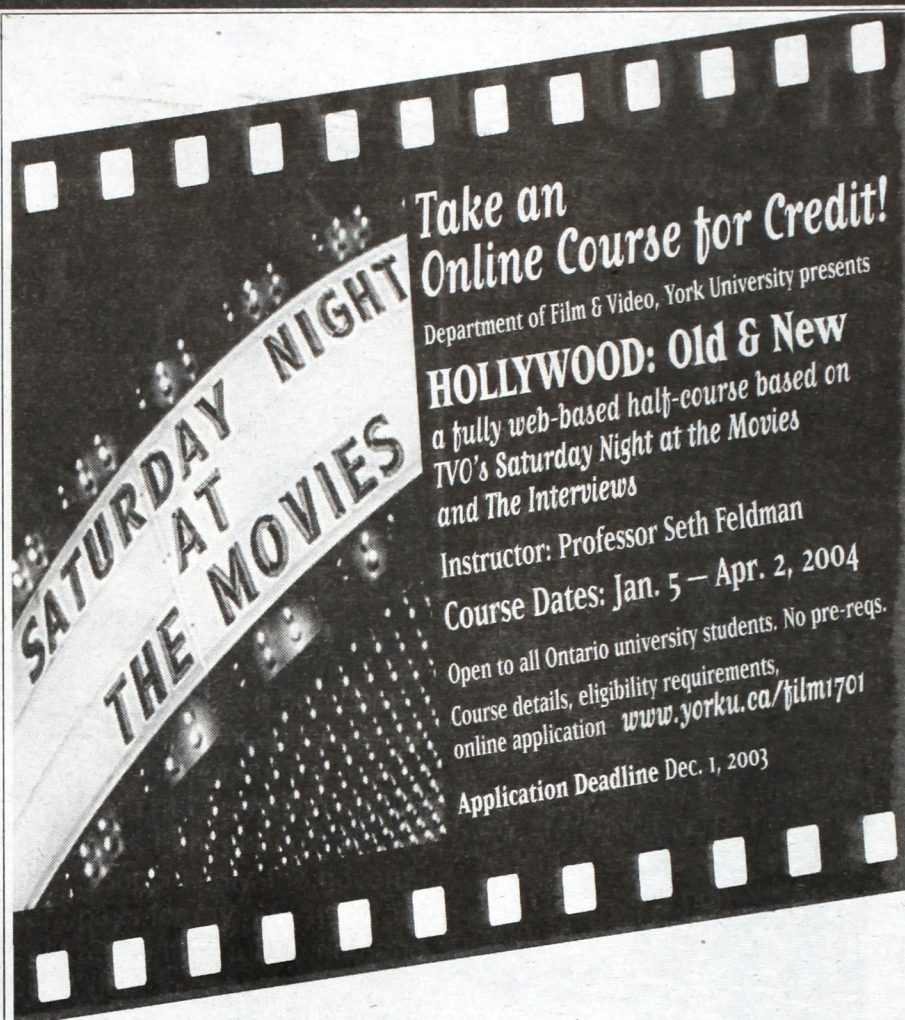


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